



Go beyond your dreams

Visiting Practitioner

Holistic Ceremonies · Somatic Experiences · Private Retreats

KORNELIA SCHWITZER

Private Experiences · Visiting Practitioner

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SIGNATURE EXPERIENCES

SILVERQUARTZITE® RITUAL

1:1 · Table · spa wear · 3 hours

My signature journey through the body.

540 €

BODYWORK OIL MASSAGE

1:1 · Table · spa wear · 90 min

Slow · Deep · Intuitive

300 €

SACRED INCENSE MEDITATION

Mat / floor · clothed · 90 min

Scent. Stone. Voice. Deep Within.

Private 1:1 **300 €**

Group **59 € pp**

BLIND SOMATIC EXPERIENCE

Open space · clothed · 90 min

Body · Voice · Emotion · Movement

Private 1:1 **300 €**

Group **59 € pp**

All guest rates shown are final rates and include applicable VAT.

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BREATH EXPERIENCES

PSYCHEDELIC BREATH®

Mat / floor · clothed · 90 min

Rhythmic Breath · Breath Holds ·

Music

Private 1:1 **300 €**

Group **59 € pp**

CONNECTED

BREATHING SESSION

Mat / floor · clothed · 90 min

Continuous Breath · Emotional ·

Depth · SilverQuartzite®

Private 1:1 **300 €**

Group **59 € pp**

BESPOKE PRIVATE JOURNEYS

FULL-DAY IMMERSIONS &

MULTI-DAY PRIVATE RETREATS

Exclusively curated around the individual — their intentions, personal journey and chosen setting. Each experience unfolds with complete presence, absolute discretion and dedicated one-to-one guidance.

By private request only.

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CONTRAINDICATIONS & GUEST SAFETY

BREATH EXPERIENCES

Psychedelic Breath® and Connected Breathing are not suitable during pregnancy or for guests with epilepsy, uncontrolled high blood pressure, glaucoma or retinal detachment, significant cardiovascular conditions, previous heart attack or stroke, severe panic or psychotic disorders, or recent major surgery, fractures or open wounds. Participation is always subject to an individual suitability assessment.

BODY & SOMATIC EXPERIENCES

Individual physical conditions, recent injuries, surgery, acute inflammation or other relevant health concerns should be communicated prior to the experience so that suitability and possible adaptations can be considered. When in doubt, medical clearance may be requested.

ETHICAL FOUNDATION

Every experience is held with professional integrity, clear boundaries and the highest respect for personal dignity. My intention is exclusively benevolent and centred on the individual's wellbeing.

Touch is always purposeful, respectful and non-sexual. I do not incorporate practices or intentions that conflict with these principles.

PRIVACY · DISCRETION · INDIVIDUAL ATTENTION